

Kyle



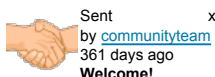
WeightWatchers' Contributor

[My Page](#)
[Edit](#)

You have no requests
5 new notifications

[My Blog](#)
[Write a Blog post](#)
[My Posts](#)
[My Message Boards](#)

My tokens



Sent by [communityteam](#)
361 days ago
Welcome!

[See more](#)
[Send a token to a Friend](#)

My status updates

kylestack
At Argo Tea
5/14/2011 6:24 PM

[Edit](#) [Clear](#)

[sydney321](#) To my buds - check out Faithfully Forward (blog)
7/8/2011 4:00:00 PM

[pbfd530](#) Looking forward to a weekend off. Doing a 5K to raise money to fight epilepsy in the morning.
7/8/2011 3:48:27 PM

[pbfd530](#) Thirsty Thursday!!! I'm craving fluids today!!
7/7/2011 1:25:09 PM

[See more](#)

What my Friends are up to

[pedroq263](#) wrote on [pedroq263's blog](#).

[sydney321](#) wrote on [sydney321's blog](#).

[sydney321](#) wrote on [sydney321's blog](#).

[See more](#)

My Group updates

Get more involved with the community.

[Find a Group that's right for you!](#)

[Start your own Group here.](#)

Sports Stack

[Edit]

Tiger Woods At Career Crossroads

[Edit](#), [Remove](#)

Written by [kylestack](#) on 6/11/2011 8:32 PM

Tiger Woods may be one of the most successful athletes in American sports history, but that doesn't make him immune to the bodily breakdowns that all aging athletes are forced to face. The 35-year-old appeared indestructible for much of his career. A winner of 14 major championships, Woods' physical health was a hallmark of his persona. He was more physically talented than most golfers; that he was notoriously tight-lipped about his workout regimen added to the mystique of the world's best-conditioned golfer. Now, I think his decision to bypass the U.S. Open is a sign that he's being forced to accept how age has affected his body.



Woods' left leg mess technically began in June 2008, when he had reconstructive surgery to repair a torn left anterior cruciate ligament (ACL) and a double stress fracture of his left tibia. That was followed by eight months of rehabilitation before he entered his next tournament. He's struggled with strength in his leg ever since, plummeting from the top-ranked player in the world to 15th and missing time this season with swelling in his left knee and left Achilles tendon. He pulled out of The Players Championship in May after only nine holes because of pain in both areas.

At 35 – the PGA Tour has an age limit of 50 – Woods is at the true crossroads of his career. Yet this has nothing to do with the demons from his personal life, which have been well-documented and on which I prefer not to elaborate. This left leg issue is about Woods' ability to conquer the changes in his body. He can't physically recover from injuries the way he did in the past. His left knee has enough wear-and-tear that he can no longer mask the stress he applies to it with every swing. He must take more precaution than ever during rehab.

Woods has become one of the most recognizable athletes of his generation – the most? – by playing a game. He's playing a different game now. It's called rehabbing with patience. This will test his mettle more than any golf course can. How Woods continues his rehab, whether he opts to sit out more tournaments to fully recover, will determine if he can put himself in position to enjoy the kind of success that has marked most of his career.

Categories: [General](#), [Health](#), [Sports](#)

[Report this post](#)



Leave a comment:

[see all](#)

[Learn our Ground Rules](#)

ADVERTISEMENT