

YOUR SOURCE FOR THE BEST IN BASKETBALL



- Home
- News & Rumors
- NBA
- Blogs
- Media
- Kicks
- College & HS
- Other Ballers
- Magazine

Subscribe

**HOT TOPICS:** Top 50: Al Jefferson LeBron Average Triple Double? Oden a Bust? Win The Hangover DVD

World of Importance

Originality Crisis



Wednesday, September 29th, 2010 at 11:43 am | 2 responses

1 Like

## Point-of-Emphasis Fouls to Know

A look at what fouls the League's refs are looking for.

by Kyle Stack / @KyleStack

You already know about the myriad of ways players can get a technical foul called against them this season. If you don't, you can read it in my [post](#) from yesterday. But there was more to the NBA's annual referee meeting last week in Jersey City, NJ than just outlining the criteria for Ts. There were many other point-of-emphasis calls brought to the attention of the referees, media and league and team executives in the audience.

I'll go through the other areas of emphasis that were pointed out by director of officials Bernie Fryer, accompanied by videos through NBA.com. For those who don't know, the League began a great microsite on NBA.com last October called [NBA Video Rulebook](#). It's there for fans to learn the different calls refs make, understand why they make those calls and review rule changes from one year to the next. It's a perfect resource if you have the time and energy to learn about the parts of officiating you might not understand.

I'll get to some of the videos they provide as I run through this season's point-of-emphasis calls:

### Traveling

-A hop travel, where a player hops slightly off the ground while using a shot fake then might take another hop after pulling up his dribble as he drives to the hoop. Pay attention to the top video of the two provided [here](#).

-Shuffling feet in the post. Pay attention to the top two videos at this [link](#). A lot of players who post up will lift the pivot foot before starting a dribble, for obvious reasons. It helps them gain a half-step or so on the defender. Yet that's illegal and the League wants to crack down on that post shuffle.

-Getting feet behind the three-point line. I can't find a video on this but the crux of this call is when a player picks up his dribble as he steps behind the arc to shoot. Videos at the ref's meeting showed players taking one too many steps as they set up to get behind the line.

### Screening

-Extending the leg outside the body of defender. This is a pretty simple theory. An offensive player must hold his position as he sets a screen. If he has to move a foot to one side or another to cover the path of the oncoming defender, that results in an illegal screen. You can see this in full action on the bottom video of this [link](#), with Chris Bosh as the culprit.

-Moving Pick'n roll. In one form or another, a screener can impede the progress of a defender by not giving the defender room to move around the screen. That's a no-no. The top three videos at this [link](#) best represent this point.



SEARCH



Video: First Look At the LeBron VIII's

21

[More Videos »](#)

## AVS Video Converter

DVD, VOB, DV, MOV, AVI, DivX, 3GP, XviD, VRO, MP4, WMV, ASF, MPEG, H.263, H.264, RM, RMVB, 3G2, SWF, DVR-MS, QT, ASX, MKV, OGM, FLV...

FREE DOWNLOAD



[www.avs4you.com](http://www.avs4you.com)



News & Rumors

Latest Posts



**The Carmelo-to-New Jersey Trade: 'Dead'**

18

[Read More »](#)

- For Old Time's Sake: Jay Williams (Duke) 12
- NBA Will No Longer Help Kings Get a New Arena 5
- Josh Smith: Captain 7
- Orlando's New Arena: Best in the League? 10
- LeBron James Doubts He Can Average Triple-Double 83

**Locks and clamps**

-Any video from this [link](#) exemplifies the point Fryer made. A player cannot lock and clamp down another player's arm as he goes up for a rebound.

**Block/charge** (the bane of every referee's existence)

-Verticality. It sounds like a term that should have been coined by Bush II. Instead, it's what officials refer to as a defender who maintains distance between himself and the offensive player as he goes up to make a legal defensive play. Practice [verticality](#) and the NBA official near you will let you live to make another defensive play. Here are [examples](#) of players *not* practicing verticality.

**Dislodging**

-Defender lifting knee in post. These three [videos](#) do a good job of detailing when a defender illegally lifts his knee into a offensive player's backside to dislodge his position. The middle video of Jameer Nelson illegally dislodging Andrei Kirilenko is the most accurate representation of what Fryer explained.

-Offensive player grabs defender's shirt/shorts. As an offensive player posts up for position, he cannot grab the shirt or shorts of the defender guarding him. That can be seen clearly in the bottom video at this [link](#).

-An offensive player may not extend his arm to create space between himself and the defender. As seen [here](#), Carl Landry attempts that move versus Travis Outlaw. The example shown at the meeting was of an offensive player extending his arm to the face/neck of an opponent; Landry extends his arm to Outlaw's shoulder but it's the same action in theory.

-Defender impedes offensive player's progress as they run down the floor. When two players are running toward the basket, the defender can't impede the offensive player's ability to set up shop in the paint. Contact can be made but the defender has to let the player he's guarding establish position. I couldn't find a video detailing two players running toward a basket but the second video from the top on this [link](#) basically outlines it.

[Add a Comment](#) [Invite a friend](#) [Share](#)

[RSS](#)

**You might be interested in**

[Kings '10-11 Preview](#)

[Dwight Howard's Choice: Kevin Durant Over LeBron](#)

[Next Level](#)

[Exclusive Don Nelson Q + A](#)

[Links: Game 4 Game-Changers](#)

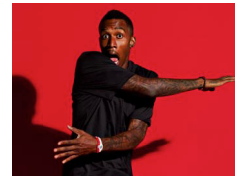
[Amar'e Stoudemire Q + A](#)

**Tags:** [Bernie Fryer](#)

[More News & Rumors »](#)

[Photos](#)

[Wallpapers](#)



Photos: Buck Shot

Brandon Jennings at the KICKS 13 Photo Shoot.

[More from Photos »](#)

[Allen Iverson](#) [Atlanta Hawks](#) **Boston**

**Celtics** [Carmelo Anthony](#) [Charlotte Bobcats](#)

[Chicago Bulls](#) **Cleveland Cavaliers**

[Dallas Mavericks](#) [Denver Nuggets](#) [Derrick Rose](#)

[Detroit Pistons](#) [Dwight Howard](#) [Dwyane Wade](#)

**Free Agency** [Golden State](#) [Warriors](#) [Houston](#)

[Rockets](#) [Kevin Durant](#) [Kevin Garnett](#) **Kobe**

**Bryant** [LeBron James](#) [Los Angeles](#)

[Clippers](#) **Los Angeles**

**Lakers** [Memphis Grizzlies](#) [Miami Heat](#)

[Michael Jordan](#) [Milwaukee Bucks](#) [New Jersey Nets](#) [New](#)

[Orleans Hornets](#) **New York Knicks** [Nike](#)

[Oklahoma City Thunder](#) **Orlando Magic** [Pau Gasol](#)

[Philadelphia 76ers](#) **Phoenix Suns** [Playoffs 2010](#)

[Portland Trail Blazers](#) [Recruiting](#) [Ron Artest](#) [Sacramento](#)

[Kings](#) [San Antonio Spurs](#) [Shaquille O'Neal](#) [Toronto](#)

[Raptors](#) [Utah Jazz](#) [Washington Wizards](#)

## 2 Responses to "Point-of-Emphasis Fouls to Know"

Whistler Posted: Sep.29 at 11:47 am

Getting feet behind the three-point line. Just check any highlights from Ray Allen ... he is tap-dancing before every 3-point shot!

themis Posted: Sep.29 at 12:58 pm

about lifting the pivot foot. last season i did watch a lot of players doing this and not getting called for travelling. so kobe in this video for example travels.  
<http://www.youtube.com/watch?v=xPOHT7udhC0>

### Comments

Name (required)  
 Mail (will not be published)  
 (required)  
 Website

**Submit Comment**

The comments section is a place to further discuss the topics in this post. Commenters who seek to accomplish any of the following may be banned:

- Personally attack other commenters.
- Make derogatory comments regarding race, ethnicity, language, gender, sexual orientation or religion.
- Troll, or comment with the intention of creating problems. Trolling includes, but isn't limited to, baiting people to flame at you, encouraging people to leave the site, spamming and using alternate IDs.

**SLAMONLINE.COM**


News & Rumors	Kicks	Contact Info
NBA	College & HS	Advertise
NBA by Team	Other Ballers	Privacy Statement
Blogs	The Links	Terms of Use
Media	The Wire	

On Sale Now

Subscribe

Get Back Issues

Customer Service



© 2010 Source Interlink Magazines, LLC, All rights reserved.